

WEEKLY  
NEWSLETTER

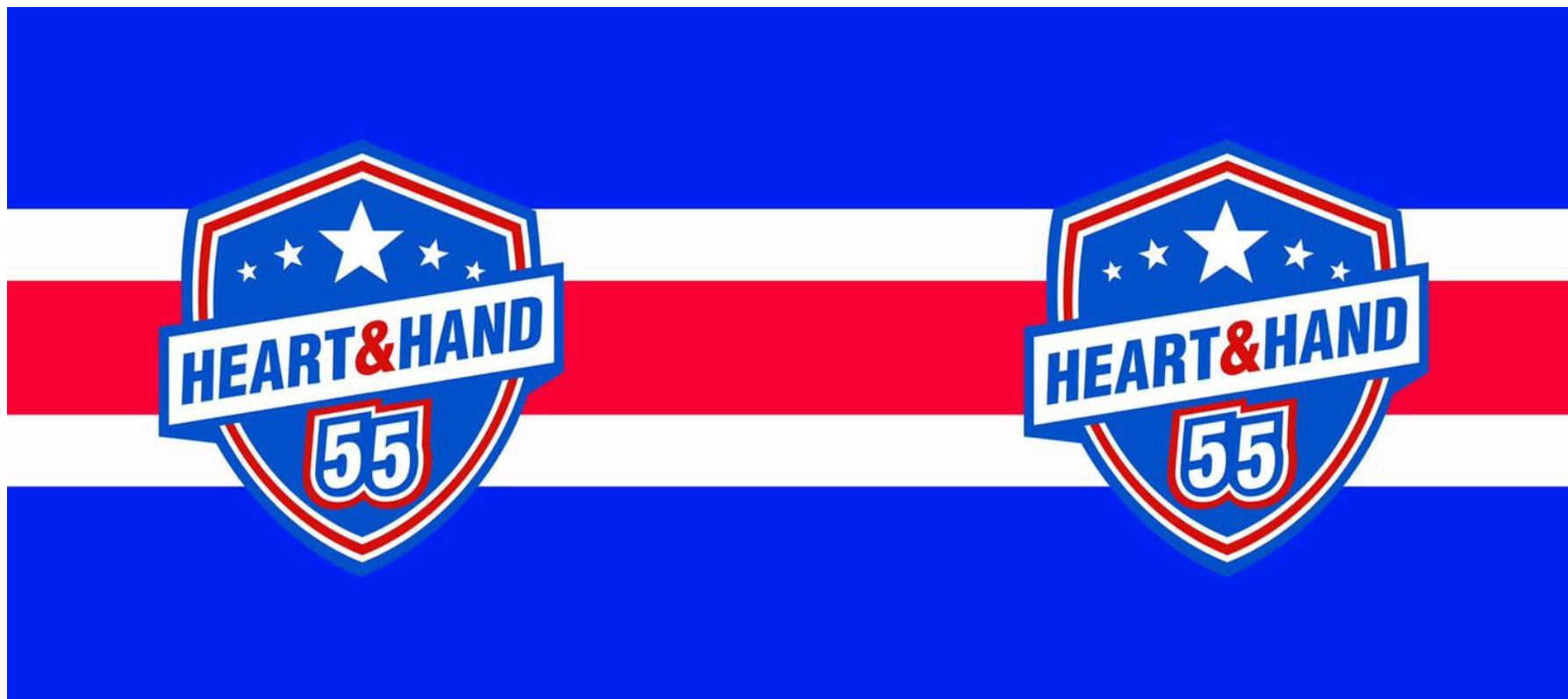
# HEART AND HAND

ISSUE 3  
27/09/2021

---

YOUR WEEKLY HEART AND HAND NEWSLETTER

---



## HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. A SUPERB WEEKEND ALL AROUND FOR THE TEDS, AS MAINTAINING OUR LEAD OVER TITLE CHALLENGER'S HIBS AND HEARTS AT THE TOP OF THE TABLE HAS SET US UP NICELY FOR A TRIP TO PRAGUE BEFORE HOSTING HIBS ON SUNDAY. FULL COVERAGE OF THAT AND SO MUCH MORE CAN, AS EVER, BE FOUND HERE ON HEART AND HAND.

# HEART AND HAND • WEEKLY NEWSLETTER

---

## *Your Heart and Hand Week*

### *Monday*

---

<b>7am</b>	The Scot Symon Series
<b>12pm</b>	The Range - Ryder Cup Review
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Flagship
<b>9pm</b>	The Interview - Brian Rice

### *Wednesday*

---

<b>7am</b>	When Walter Returned
<b>12pm</b>	Sparta Prague Preview
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Fantasy Football
<b>10pm</b>	Champions League Roundup

### *Friday*

---

<b>7am</b>	RBR
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Heart and Hand Extra
<b>9pm</b>	Archive

### *Tuesday*

---

<b>7am</b>	The Time Capsule
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	The CROpod2
<b>9pm</b>	The European Hangover

### *Thursday (Europa League vs Sparta Prague)*

---

<b>7am</b>	Seagulls - The EPL Show
<b>12pm</b>	Tactics Talk
<b>3:30-5pm</b>	Daily Update
<b>5pm</b>	Pre-Match Show
<b>Post-Match</b>	Post-Match Show Executive Report (Chief-Execs only)

### *Saturday*

---

<b>7am</b>	50 In Europe
<b>12pm</b>	Hibs Preview
<b>4pm</b>	Rangers Women
<b>9pm</b>	Bluenoses, Bits and Bytes

### *Sunday (League vs Hibs)*

---

<b>7am</b>	That Was The Week That Was
<b>2pm</b>	Pre-Match Show
<b>Post-Match</b>	Car Pod Post-Match Press Conference Executive Report (Chief-Execs only)
<b>9pm</b>	Futurama

## THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. Days that are underlined in blue indicate a matchday and all the additional coverage you can find exclusively on Heart and Hand, such as pre and post-match shows, press conference reports, and The Executive Report for Chief Executive subscribers.

## LAST WEEK ON HEART AND HAND

Last week on Heart and Hand we had Adam sit down with Maryn to discuss tactical terminology and what it means on [Tactics Talk](#), as well as the second episode of [50 in Europe](#), discussing our European campaign in season 2019/20. Caroline and Marina talked all things Rangers on [Blue Scarves On](#) and [Reading Rangers](#) returned as David sat down with club historian David Mason to discuss his writing.

## YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing from the past.

This week, we'll recommend some of the writing from the Heart and Hand website. One for the gamers here as James has started a new blog covering FIFA Ultimate Team called "[For FUT's Sake](#)", that explains how it works and how you can get the best out of your side in the upcoming game.

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.