

WEEKLY  
NEWSLETTER

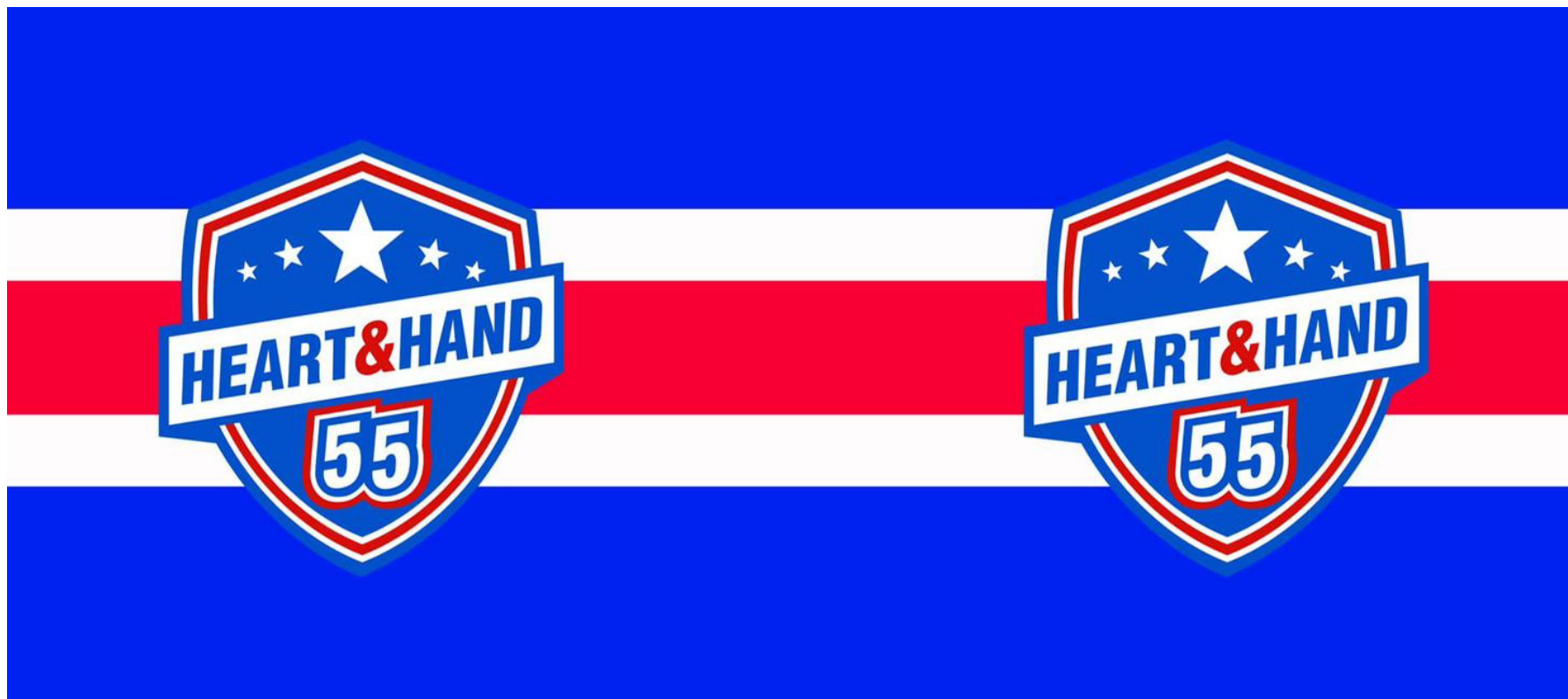
# HEART AND HAND

ISSUE 5  
11/10/2021

---

YOUR WEEKLY HEART AND HAND NEWSLETTER

---



## HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. THE INTERNATIONAL BREAK IS ALMOST OVER AS RANGERS WELCOME HEARTS TO IBROX ON SATURDAY AFTERNOON, LOOKING TO EXTEND OUR LEAD AT THE TOP OF THE TABLE. YOUR FULL BUILD-UP THROUGHOUT THE WEEK CAN BE FOUND HERE, AS EVER, ON HEART AND HAND

# HEART AND HAND • WEEKLY NEWSLETTER

---

## *Your Heart and Hand Week*

### *Monday*

---

**7am** The Davie Whyte Series  
**3:30-5pm** Daily Update  
**7pm** Flagship

### *Wednesday*

---

**7am** When Walter Returned  
**3:30-5pm** Daily Update  
**7pm** Tactics Talk  
**9pm** The CroPod

### *Friday*

---

**7am** RBR  
**12pm** Hearts Preview  
**3:30-5pm** Daily Update  
**7pm** Rangers Women

### *Sunday*

---

**7am** That Was The Week That Was  
**12pm** Gaming Show  
**7pm** Futurama

### *Tuesday*

---

**7am** The Time Capsule  
**12pm** [Milestones](#)  
**3:30-5pm** Daily Update  
**7pm** The International Football Show

### *Thursday*

---

**7am** Seagulls - The EPL Show  
**12pm** Blue Scarves On  
**3:30-5pm** Daily Update  
**7pm** The European Hangover

### *Saturday (League Vs Hearts)*

---

**7am** Rangers Then and Now  
**2pm** Pre-Match Show  
**Post-Match** Car Pod  
Post-Match Press Conference  
Executive Report (Chief Execs Only)

## THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. The full buildup to the return of Rangers against Hearts can be found throughout the week, as well as plenty of other shows to keep us all entertained. Matchday coverage and new shows throughout the week can be found highlighted in blue.

## LAST WEEK ON HEART AND HAND

Last week on Heart and Hand, Kev and Craig discussed Rangers strips throughout the ages on [The Strips That Made Us](#). Meanwhile, Stevie launched a new show inviting Chief Executive subscribers to discuss Rangers throughout the ages on [Rangers Then](#), [Rangers Now](#) and Adam sat down with David, Laura, and Ross to discuss the start Rangers have made to season 2021/22 on [Talking Teds](#).

## YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing from the past.

This week, your recommendation from the archives is the very first episode of [The Scot Symon Series](#), the show where Alan Bradley and John Cowden discuss the life and career of the legendary Rangers manager.

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.