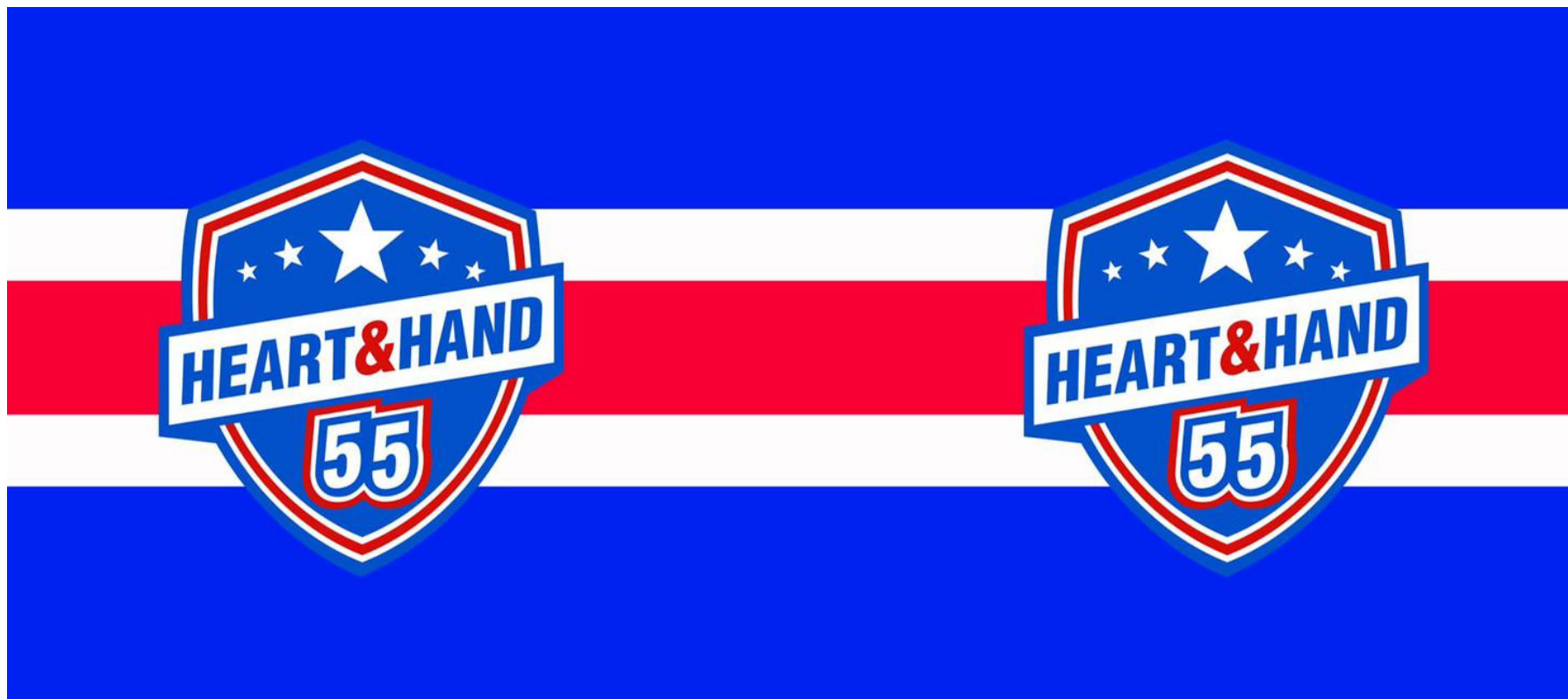


WEEKLY
NEWSLETTER

HEART AND HAND

ISSUE 4
04/10/2021

YOUR WEEKLY HEART AND HAND NEWSLETTER



HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. WE PICKED UP A MASSIVE WIN YESTERDAY AT IBROX THAT HAS SECURED OUR PLACE AT THE TOP OF THE LEAGUE GOING INTO THE INTERNATIONAL BREAK. HOWEVER, DON'T WORRY ABOUT NOT GETTING YOUR RANGERS FIX AS WE'VE GOT YOU COVERED WITH LOADS OF CONTENT UNTIL THE BEARS RETURN.

HEART AND HAND • WEEKLY NEWSLETTER

Your Heart and Hand Week

Monday

7am The Davie Whyte Series
3:30-5pm Daily Update
7pm Flagship

Tuesday

7am The Time Capsule
3:30-5pm Daily Update
7pm Fantasy Football

Wednesday

7am When Walter Returned
12pm Talking Teds
3:30-5pm Daily Update
7pm [The International Football Show](#)
9pm The CroPod

Thursday

7am Seagulls - The EPL Show
3:30-5pm Daily Update
7pm The European Hangover

Friday

7am RBR
3:30-5pm Daily Update
7pm Heart and Hand Extra
9pm Harrigan's History

Saturday

7am [Rangers Then and Now](#)
12pm Rangers Women
7pm Star Spangled Banter

Sunday

7am That Was The Week That Was
12pm Gaming Show / 6 of the Best
7pm Futurama

THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. A somewhat different look to the schedule as of course there are no matchdays but you'll still have plenty of shows to keep you going throughout this international break, with a couple of new shows on the network that can be seen in blue.

LAST WEEK ON HEART AND HAND

Last week on Heart and Hand saw the third part of [50 In Europe](#), as Stevie was joined by Alan and Simon to discuss last season's European campaign. Earlier in the week, James rounded up all the action in the Champions League action on the [Champions League Roundup](#) while [The Interview](#) returned as Steven Harrigan sat down with former Hamilton Academical manager to discuss the season so far and a very worthwhile charitable cause.

YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing from the past.

This week, your recommendation from the archives is [Colin's Moments That Matter - Richard Gough](#), as Colin and Andy explore the key moments in the career of the 9-in-a-row captain.

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.