

WEEKLY
NEWSLETTER

HEART AND HAND

ISSUE 11
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YOUR WEEKLY HEART AND HAND NEWSLETTER



HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. YESTERDAY HURT FOR A NUMBER OF REASONS. THE PERFORMANCE, THE RESULT, AND THE CHAT AFTER THE GAME HAVE LED TO A STORMY ATMOSPHERE IN THE SUPPORT. HOWEVER, WHILE THAT RESULT STINGS, WE ARE TODAY ENTERING A NEW ERA, ONE THAT AS FANS I FEEL THAT WE HAVE A RIGHT TO GET EXCITED ABOUT. WELCOME BACK GIOVANNI VAN BRONCKHORST. THE FUTURE IS BRIGHT... LETS GIO.

HEART AND HAND • WEEKLY NEWSLETTER

Your Heart and Hand Week

Monday

7am Who Are You?
3:30-5pm Daily Update
7pm Flagship

Tuesday

7am The Time Capsule
3:30-5pm Daily Update
7pm The Strips That Made Us
9pm Fantasy Football

Wednesday

7am Ally's Adventure
12pm Sparta Prague Preview
3:30-5pm Daily Update
7pm The European Hangover
10pm The Champions League Show

Thursday (Europa League vs Sparta Prague)

7am Seagulls - The EPL Show
3:30-5pm Daily Update
7pm Pre-Match Show
Post-Match Post-Match Press Conference
Post-Match Car Pod
Executive Report (Chief Execs Only)

Friday

7am RBR
3:30-5pm Daily Update
7pm Heart and Hand Extra
9pm Rangers Women's Show

Saturday

7am Rangers Then, Rangers Now
12pm Livingston Preview
7pm Reading Rangers
9pm Gaming Show

Sunday (League Vs Livingston)

7am That Was The Week That Was
Post-match Post-Match Reaction Pod
Chief Executive Report (Chief Execs Only)
7pm James Bond Show

THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. Reading Rangers returns this Saturday evening as does the very popular James Bond show. Furthermore, you can find full match coverage of the game against Sparta Prague on Thursday evening as well as immediate reaction to the game against Livingston on Sunday

LAST WEEK ON HEART AND HAND

Last week on Heart and Hand saw the immediate reaction to the appointment of Giovanni van Bronckhorst as the new Rangers manager with David's E and M along with Martyn gave their thoughts on a [Breaking News Pod](#). Simon and Ross spoke to James on an [After Ibrox](#) special show about Gio's time away from Rangers with a focused look on his 2017 title win at Feyenoord. The first episode of [Ally's Adventure](#), the show examining his time in the managerial hotseat alongside the monthly review of our German friends on the [Hamburg Hangover](#).

YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

This week your weekly recommendation from the archives is from [Colin's Moments that Matter - Giovanni van Bronckhorst](#).

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.