

WEEKLY
NEWSLETTER

HEART AND HAND

ISSUE 15
20/12/2021

YOUR WEEKLY HEART AND HAND NEWSLETTER



HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. FOR THE FIRST TIME IN A DECADE, WE WILL ALL GET TO ENJOY OUR CHRISTMAS TIME WITH THE SATISFACTORY KNOWLEDGE THAT WE ARE CHAMPIONS AND IN A GREAT POSITION TO GO AND DO IT AGAIN, WHEREVER YOU ARE AND WHOMEVER YOU ARE CELEBRATING WITH, FROM EVERYONE AT HEART AND HAND HAVE A VERY MERRY CHAMPION CHRISTMAS.

HEART AND HAND • WEEKLY NEWSLETTER

Your Heart and Hand Week

Monday

7am Who Are You?
3:30-5pm Daily Update
7pm Flagship
9pm Leggat

Tuesday

7am The Time Capsule
3:30-5pm Daily Update
7pm Fantasy Football

Wednesday

7am Ally's Adventure
12pm The Ashes
3:30-5pm Daily Update
7pm The European Hangover

Thursday

7am Seagulls - The EPL Show
3:30-5pm Daily Update
7pm January Transfer Window Preview
9pm Milestones

Friday

7am RBR
12pm St Mirren Preview
3:30-5pm Daily Update
7pm Heart and Hand Extra

Saturday (Merry Christmas)

7am Christmas Special
7pm Play All Christmas Special

Sunday (League vs St Mirren)

7am Rangers Then, Rangers Now
Pre-Match Pre-Match Show
Post Match Post-Match Press Conference
Car Pod
Executive Report (Chief Execs only)

THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. Look out for the Christmas special shows on the big day with shows coming at 7am and pm. Furthermore, on Thursday evening see's the return of the popular "Milestones" Show alongside a preview of the January transfer window from a Rangers perspective.

LAST WEEK ON HEART AND HAND

Last week on Heart and Hand, James sat down with two fans of Borussia Dortmund to get their perspective on our Europa League Playoff draw against them on "[The European Hangover](#)" while Caroline joined Colin and Jack for a hilarious episode of "[RBR](#)". David and Laura discussed all the latest news from the Women's side on "[The Rangers Womens Show](#)" and James and I reported from a very cold Dumbarton yesterday as the [B Team](#) hammered Edinburgh University 8-2 inn the Lowland League.

YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

As his week your weekly recommendation is the third and final episode of "[The 50 Greatest Rangers Goals](#)"

From everyone at Heart and Hand, we hope both you and your team have a fantastic week and a very Merry Christmas. WATP.