

WEEKLY  
NEWSLETTER

# HEART AND HAND

ISSUE 16  
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YOUR WEEKLY HEART AND HAND NEWSLETTER

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## HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR FINAL HEART AND HAND NEWSLETTER OF 2021. I HOPE YOU HAD A MERRY CHRISTMAS OVER THE WEEKEND, NICELY WRAPPED UP BY A COMFORTABLE THREE POINTS ON BOXING DAY AT HOME TO ST MIRREN. THE ONLY DOWNSIDE WAS THERE WERE NOT MANY OF US IN THE GROUND TO WITNESS IT AND WE ARE NOW WITHOUT RANGERS FOR THE NEXT THREE WEEKS. AS GUTTING AS THAT IS, WE WILL HAVE YOU COVERED FOR YOUR RANGERS FIX HERE ON HEART AND HAND.

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## *Your Heart and Hand Week*

### *Monday*

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**7am** Who Are You?  
**3:30-5pm** Daily Update  
**7pm** Flagship  
**9pm** Harrigans History

### *Tuesday*

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**7am** Archive  
**3:30-5pm** Daily Update  
**7pm** Fantasy Football

### *Wednesday*

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**7am** Archive  
**3:30-5pm** Daily Update  
**7pm** The European Hangover

### *Thursday*

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**7am** Archive  
**3:30-5pm** Daily Update  
**7pm** Harrigans History

### *Friday (Hogmany)*

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**7am** RBR  
**3:30-5pm** Daily Update  
**7pm** Seagulls

### *Saturday (Happy New Year)*

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**7am** Rangers Then, Rangers Now  
**7pm** Tactics Talk

### *Sunday*

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**7am** The Ibrox Disaster Pod  
**7pm** Bluenose, Bits and Bytes

## THIS WEEK ON HEART AND HAND

The schedule will look somewhat different over the next few weeks given that there are no Rangers games to speak of so throughout the week we will be dipping into the archive to bring you shows from the past all about the teds and more. We can get through this winter break together folks!

## LAST WEEK ON HEART AND HAND

Last week on Heart and Hand, [The History Boys](#) returned as David and Martyn interviewed World War Two expert Guy Walters, and Simon invited myself and Andy to Preview the [January Transfer window](#). The third episode of [Milestones](#) came out on Christmas Eve and on Christmas day there was a [Christmas Special](#) show where David, Adam, and Andy recapped the year with contributions from various podders.

Oh, and who can forget a good !

## YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

As his week your weekly recommendation is last week's [Timplosion Pod](#), because who doesn't love a good laugh at them?

From everyone at Heart and Hand, we hope both you and your team have a very happy and prosperous New Year when it comes.  
WATP.