

WEEKLY  
NEWSLETTER

# HEART AND HAND

ISSUE 13  
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YOUR WEEKLY HEART AND HAND NEWSLETTER

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## HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. IT WAS ANOTHER GOOD WEEK UNDER GIOVANNI VAN BRONCKHORST AS RANGERS MADE IT FOUR WINS OUT OF FOUR UNDER THE NEW MANAGEMENT. NOW, OUR BOYS WILL BE SENT OFF TO FRANCE THIS MIDWEEK TO FACE LYON BEFORE A TRIP TO TYNECASTLE ON SUNDAY. FULL COVERAGE OF THOSE GAMES AND SO MUCH MORE CAN BE FOUND HERE ON HEART AND HAND.

# HEART AND HAND • WEEKLY NEWSLETTER

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## *Your Heart and Hand Week*

### *Monday*

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<b>7am</b>	Who Are You?
<b>12pm</b>	<a href="#">Ashes Pod</a>
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Flagship
<b>9pm</b>	The Strips That Made Us

### *Wednesday*

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<b>7am</b>	Ally's Adventure
<b>12pm</b>	Lyon Preview
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	The European Hangover
<b>10pm</b>	Champions League Show

### *Friday*

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<b>7am</b>	RBR
<b>12pm</b>	Hearts Preview
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Heart and Hand Extra

### *Tuesday*

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<b>7am</b>	The Time Capsule
<b>3:30-5pm</b>	Daily Update
<b>7pm</b>	Fantasy Football
<b>9pm</b>	Tactics Talk
<b>10pm</b>	Rangers B Team Show

### *Thursday (Europa League Vs Lyon)*

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<b>7am</b>	Seagulls - The EPL Show
<b>3:30-5pm</b>	Daily Update
<b>Post-Match</b>	Post-Match Reaction Pod Executive Report (Chief Execs Only)

### *Saturday*

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<b>7am</b>	Rangers Then, Rangers Now
<b>12pm</b>	Gaming Show
<b>7pm</b>	Jim Beglin Interview
<b>9pm</b>	<a href="#">Warriors Movie Pod</a>

### *Sunday (League Vs Hearts)*

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<b>7am</b>	That Was The Week That Was
<b>Post-Match</b>	Post-Match Reaction Pod Executive Report (Chief Execs Only)
<b>7pm</b>	Futurama
<b>9pm</b>	SPFL Roundup Show

## THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. Look out for the new Ashes pod coming out at 12pm today as David, Martyn and Laura preview the upcoming tests. Also, keep an eye out for Saturday evening for an interview with Jim Beglin at 7pm and a new pod discussing the cult classic film "The Warriors" at 9pm.

## LAST WEEK ON HEART AND HAND

Last week on Heart and Hand, Kevin and Craig continued their examination of Rangers kits throughout the years on "[This Strips That Made Us](#)", while Kev sat down with David Graham and John Smith, the authors of the new book titled "[The Rangers Shirt](#)". "[The Time Capsule](#)" continued with a look back at Rangers 5-0 win over Dundee Utd in January 2007 and finally, James spoke to Ajax fan Rudd Meijdam to discuss The Ajax Model on "[The European Hangover](#)".

## YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

This week your weekly recommendation, in keeping with James' European Hangover topic, is a previous examination from the writing archives on "[The Selling Club Model](#)" utilised by Ajax, Porto, and Dortmund and how Rangers can learn the lessons from those clubs to move to that model successfully.

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.