

WEEKLY
NEWSLETTER

HEART AND HAND

ISSUE 14
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YOUR WEEKLY HEART AND HAND NEWSLETTER



HELLO AND WELCOME!

HELLO AND WELCOME BACK TO YOUR WEEKLY HEART AND HAND NEWSLETTER. I THINK IT IS FAIR TO SAY THAT THE VAN BRONCHORST REIGN HAS GOTTEN OFF TO A BETTER START THAN ANY OF US DARED TO DREAM. AN IMPRESSIVE DRAW AWAY IN LYON WAS FOLLOWED UP WITH A HUGE WIN AWAY AT HEARTS YESTERDAY. AFTER DRAWING BORUSSIA DORTMUND IN THE EUROPA LEAGUE DRAW TODAY, WE NOW TURN OUR ATTENTION TO GAMES AGAINST ST JOHNSTONE AND DUNDEE UNITED AT IBROX THIS WEEK, FULL COVERAGE OF WHICH CAN BE FOUND ON HEART AND HAND.

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Your Heart and Hand Week

Monday

7am	Who Are You?
12pm	Ashes Pod
3:30-5pm	Daily Update
7pm	Flagship
9pm	James Bond

Wednesday (League vs St Johnstone)

7am	Ally's Adventure
3:30-5pm	Daily Update
Pre-Match	Pre-Match Show
Post-Match	Post-Match Press Conference Car Pod Executive Report (Chief Execs Only)

Friday

7am	RBR
12pm	Dundee Utd Preview
3:30-5pm	Daily Update
7pm	Heart and Hand Extra
9pm	Rangers Womens Show

Sunday

7am	That Was The Week That Was
12pm	Blue Scarves On
7pm	Rangers B Team Show
9pm	SPFL Roundup Show

Tuesday

7am	The Time Capsule
3:30-5pm	Daily Update
12pm	St Johnstone Preview
7pm	Fantasy Football
9pm	Dart In Hand

Thursday

7am	Seagulls - The EPL Show
3:30-5pm	Daily Update
7pm	The European Hangover
9pm	Tactics Talk

Saturday (League vs Dundee Utd)

7am	Rangers Then, Rangers Now
Pre-Match	Pre-Match Show
Post-Match	Post-Match Press Conference Car Pod Executive Report (Chief Execs Only)

THIS WEEK ON HEART AND HAND

Your full Heart and Hand schedule can be found here with all your favourite shows coming throughout the week. The latest Ashes show came out at 12pm today discussing England's battering in the first test of the series. Dart in Hand returns tomorrow evening ahead of the World Championship and coverage of all the Rangers sides is coming throughout the week.

LAST WEEK ON HEART AND HAND

Last week on Heart and Hand, Martyn sat down with Adam to discuss our developments as a side under Giovanni van Bronckhorst on "[Tactics Talk](#)" while the same pair joined Steven Clifford on "[Rangers Corner](#)" to talk all things teds. Steven had another excellent interview, this time with former Hull Manager [Phil Brown](#) and Andy Barnett sat down with Tess and Alan to discuss the cult classic film (and inspiration for a few superb Rangers Tifos), *The Warriors*, on "[Heart and Hand - At The Movies](#)"

YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

As his week your weekly recommendation is the first episode of "[The 50 Greatest Rangers Goals](#)"

From everyone at Heart and Hand, we hope both you and your team have a fantastic week. WATP.