

WEEKLY
NEWSLETTER

HEART AND HAND

ISSUE 35
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YOUR WEEKLY HEART AND HAND NEWSLETTER



HELLO

HELLO AND WELCOME TO YOUR WEEKLY HEART AND HAND NEWSLETTER. THE RANGERS FAMILY LOST ONE OF ITS OWN LAST WEEK. THE PASSING OF JIMMY BELL AFFECTED EVERY ONE OF US, NOT LEAST THE CURRENT AND FORMER EMPLOYEES OF THE CLUB WHO EXPRESSED THEIR DEEPEST SYMPATHIES AND SADNESS AT HIS PASSING. NOT MANY CLUBS HAVE LEGENDS WHO NEVER KICKED A BALL FOR THEM, BUT JIMMY WAS SPECIAL TO RANGERS IN A WAY THAT ALMOST DEFIES WORDS. IT WAS INCREDIBLY FITTING THAT THE PLAYERS HONOURED HIM BY REACHING OUR FIRST EUROPEAN FINAL IN 14 YEARS ON THURSDAY NIGHT AND THE WOMENS TEAM MADE HISTORY BY WINNING THE LEAGUE ON SUNDAY. THIS COULD END UP BEING A VERY, VERY SPECCIAL SEASON FOR THE CLUB. WE ARE ON OUR WAY.

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Your Heart and Hand Week

Monday

7am Who Are You?
3:30-5pm Daily Update
7pm Flagship
10pm Rangers B Team

Wednesday (League vs Ross County)

7am Ally's Adventure
3:30-5pm Daily Update
Pre-Match Pre-Match Show
Post-Match Post-Match Car Pod
Post-Match Press Conference
Executive Report (Chief Execs Only)

Friday

7am RBR
12pm Hearts Preview
3:30-5pm Daily Update
7pm Extra
9pm Rangers Women

Sunday

7am Rangers Then, Rangers Now
2pm Heart and Sand
9pm SPFL Roundup

Tuesday

7am Dominant
12PM Ross County Preview
3:30-5pm Daily Update
7pm Fantasy Football

Thursday

7am Seagulls
3:30-5pm Daily Update
7pm European Hangover

Saturday (League vs Hearts)

7am Hoggys Hamper
Post-Match Post-Match Show
Executive Report (Chief Execs Only)
8pm Signing Sensations

THIS WEEK ON HEART AND HAND

As fans our full focus is on Seville but we do have two fixtures to navigate before we get to that, and you will have full coverage (and of course full build up to Seville) here on Heart and Hand throughout the week. There will also be full coverage of the B Teams Glasgow Cup Final tonight from myself and James.

LAST WEEK ON HEART AND HAND

Last week on Heart and Hand was European Finalists. If you'd like to hear about possible Super Cup opponents, James and the lads brought coverage of the [Champions League action](#). If you would like to relive the night, Colin brought you the [Car Pod](#) and if you would like to relive the night again (and you know you do) then [Extra](#) is the one. Finally, if you would once again like to listen to some discussion about Rangers in a European Final, then may I recommend [Hoggys Hamper](#).

YOUR WEEKLY RECOMMENDATION

This is the part of the newsletter that is used to suggest some pods or pieces of writing.

This weeks recommendation is the tribute that David Edgar and David Marshall paid to Jimmy Bell on [Tuesdays Daily Update](#). Forever in her hearts.

From everyone at Heart and Hand, we hope both you and your team have a great week before the big one.

WATP.